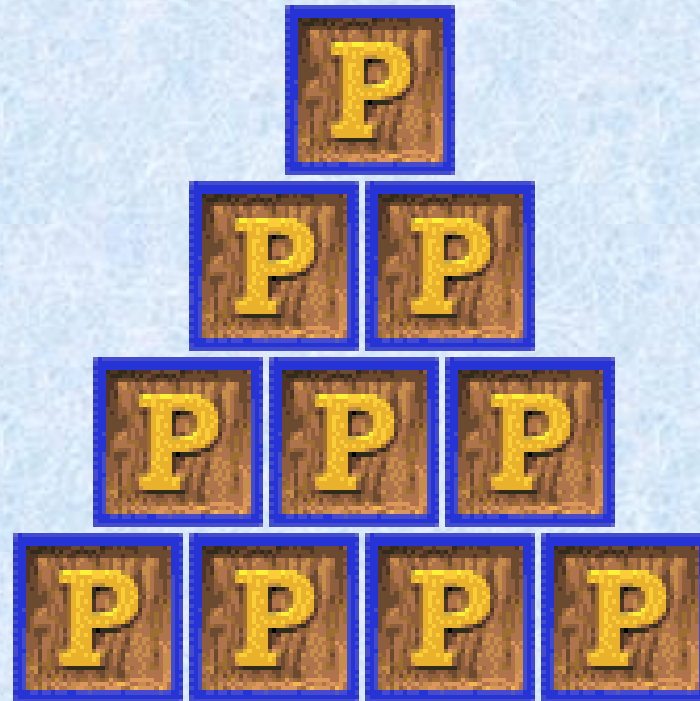


Self-esteem Gets “KILLED” while kids are in school.

- 80% of first graders have high self-esteem,
- 20% of fifth graders and
- 5% of high school students
 - (J. Canfield)



- **P**ublic Relations
- **P**roficiency
- **P**ower
- **P**hilanthropy



Public Relations:

What skills can you give this student to help them relate better to others socially?

Proficiency:

What skills do they need to beef up academically?

student with Low Self-Esteem

4-
P's

Power:

Use social autopsy sheets to help student see where situations went wrong.

Philanthropy:

Help this student do something for others. A way to raise self-esteem is to help others less fortunate.

Some students who get complimented....



Do an opposite behavior because what you said about them doesn't match how they feel about themselves.

"I'm dumb. How could she think I'm smart? I'll have to prove to her that I'm dumb because that's how I feel about myself."

Public Relations

- All students need to feel that they belong.
- Be their public relations person by letting their appropriate behavior earn the class a reward.



Privately tell them:

- I know you are good at technology so I'd like you to run the SmartBoard® for me today while I work with the class.



Secretary

- Ask this student to be your secretary at the board- no chance of failure because you are telling them what to write.
- This way they look good in front of the class



Call on them for class reward:

- Act like it's random- but call on the child to give the answer to five problems that you'll do for the class instead of them having to do it for homework.



Proficiency

- Many behavioral issues occur because the student feels inadequate academically.
- Pre-teach part of the lesson in a study session, an online learning lab, or resource room.



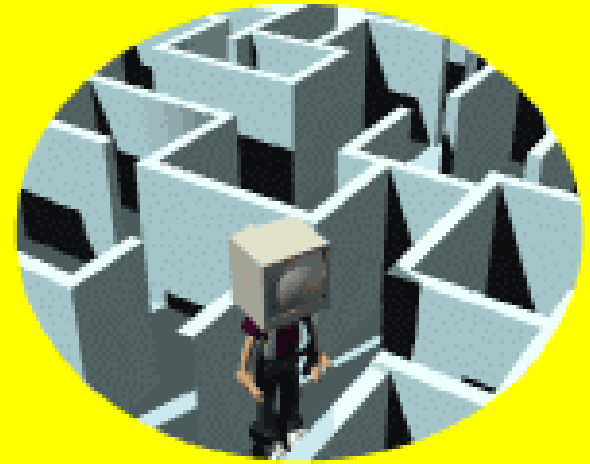
Assessments

- Look at previous assessments and determine what areas the student is lacking skill- “Do whatever it takes to get that student caught up.”



Consider Learning Disabilities

- We don't know what we don't know- think about it.
 - A student may not know that everyone else sees the letters right side up or without a halo around it.
 - Help them figure out what works specific to themselves.



Power

- Give the child the power to control their destiny by giving them independence.
- Using options, teaching them to think “How’s this next decision going to affect me?”



Deep Breathing



Karate



I know it sounds counterintuitive to teach a student karate- but it's all about "control" and "respect"- find a good instructor.

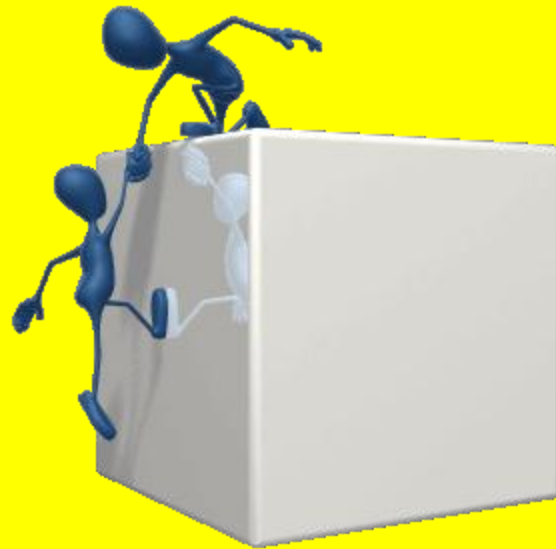
Social Autopsies



See www.behaviordocor.org – forms and tools- social autopsy sheet

Philanthropy

- You will be surprised that these students are generally great working with younger students or students with disabilities.
 - Their behavior is typically more appropriate with younger and less able students.



World Philanthropy

Click picture to go
to website



At UBoosts' free web link, you can have students: plant 10 food producing seeds, protect 10 square feet of the Amazon Rain Forest, provide a day's worth a food for a villager in Uganda, help protect the Coral Triangle, offset your carbon footprint by 10 pounds, buy treats for dogs in shelters, provide fresh drinking water, or help villagers in Haiti.

See <http://www.uboost.com/integrations/pbis>

Local Philanthropy



School Philanthropy



Once you
put the Four
P's in Place

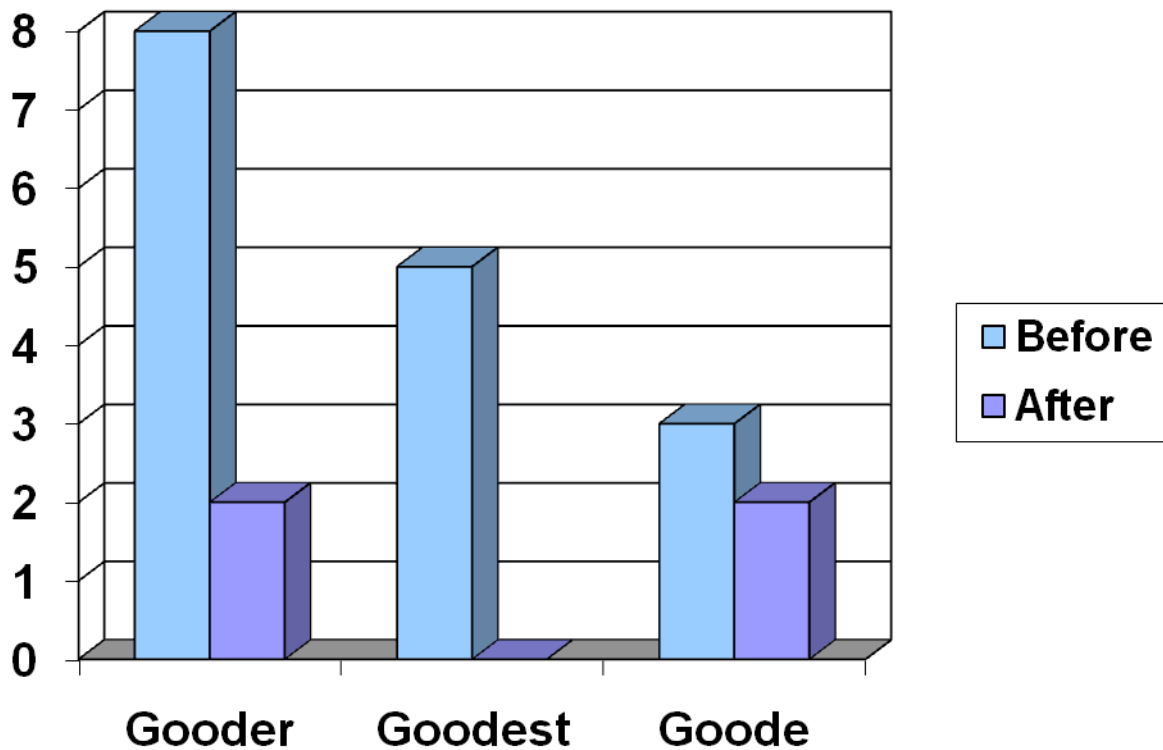
Your student will

PROSPER



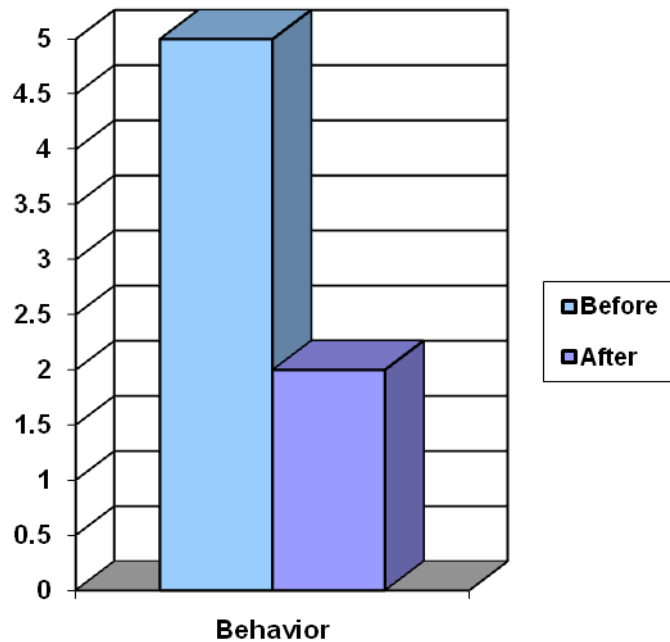
4 P's Data

Pre-K (by class)



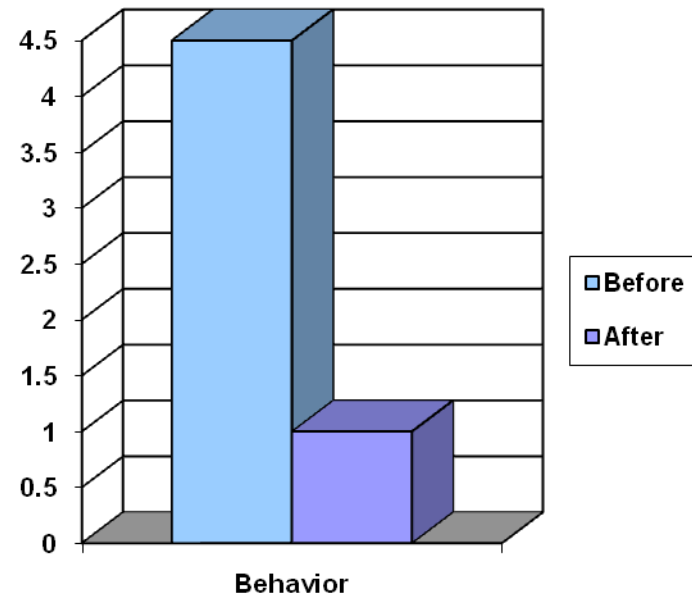
Inappropriate behaviors measured

Blythe's Behavior



Miss Tilapia

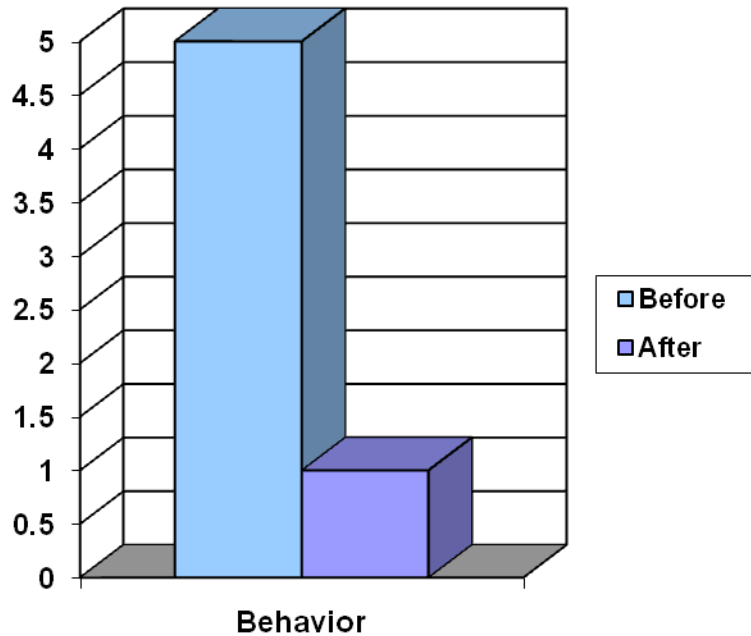
Danner's Behavior



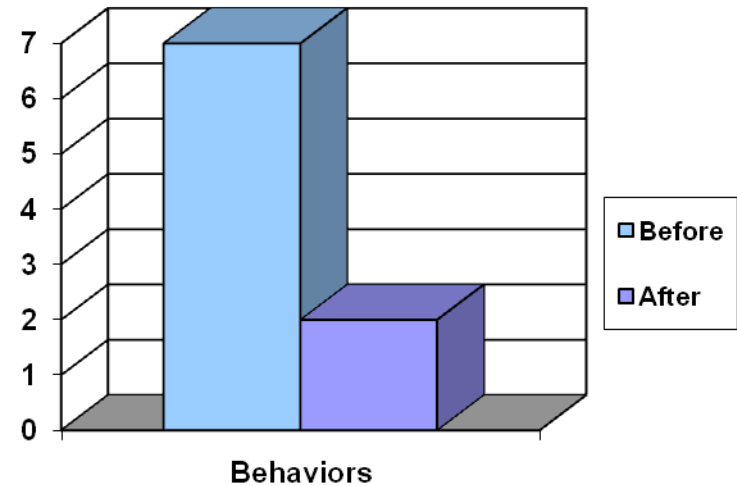
Mrs. Salmon

2nd Grade (by student)

Dallas' Behaviors



Austin's Behaviors



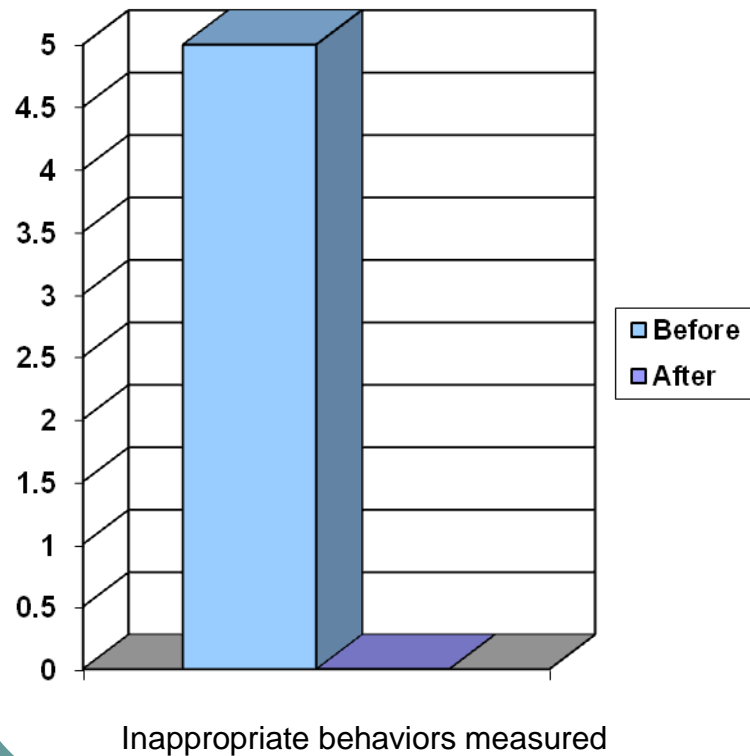
Inappropriate behaviors measured

Mrs. Dallas

Mrs. San Antonio

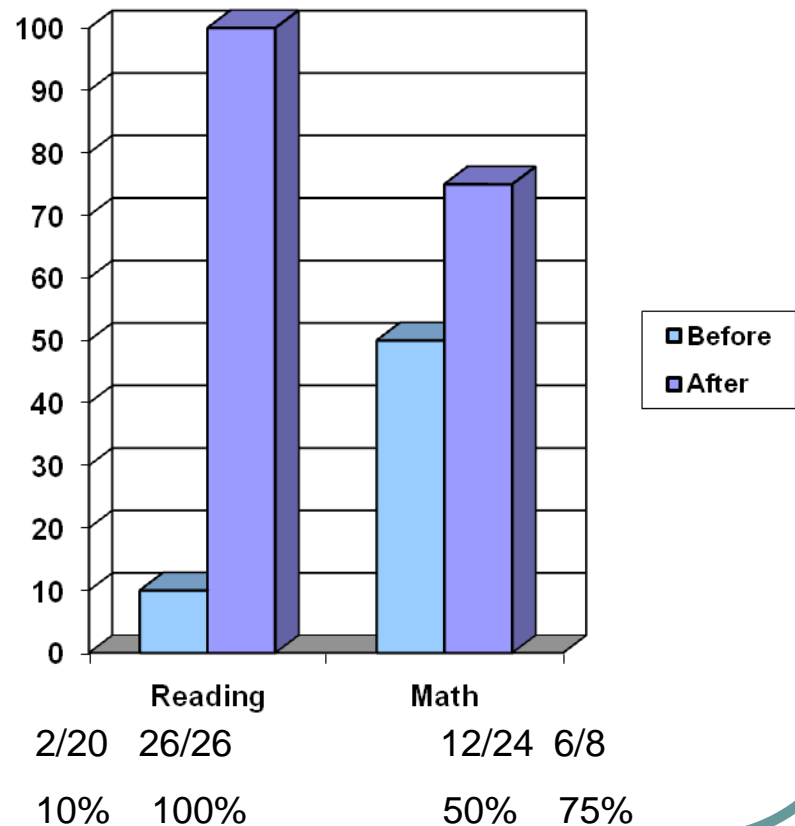
3rd Grade (by student)

Ty's Behaviors



Mrs. Diamond

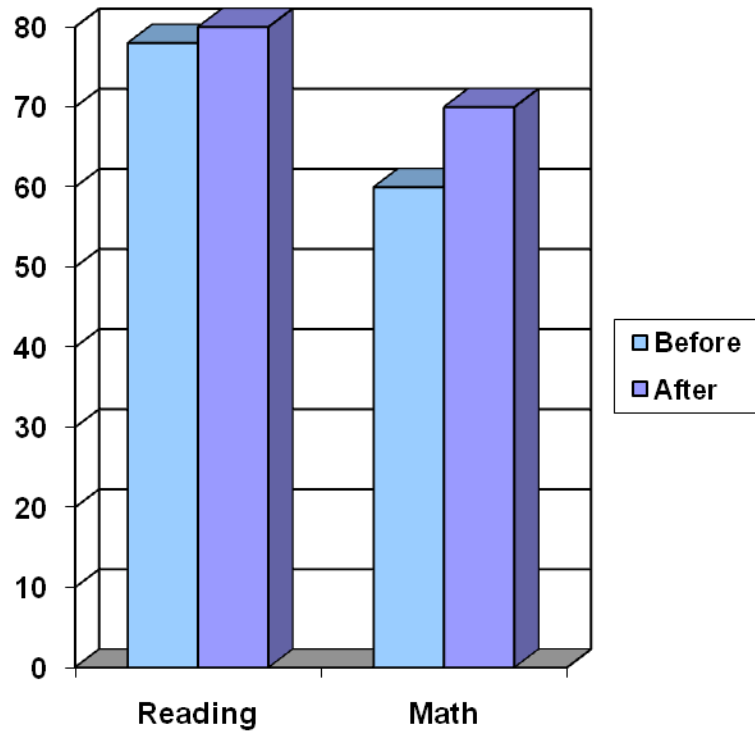
Cobb's Homework Return



Mrs. Bases

4th Grade (by student)

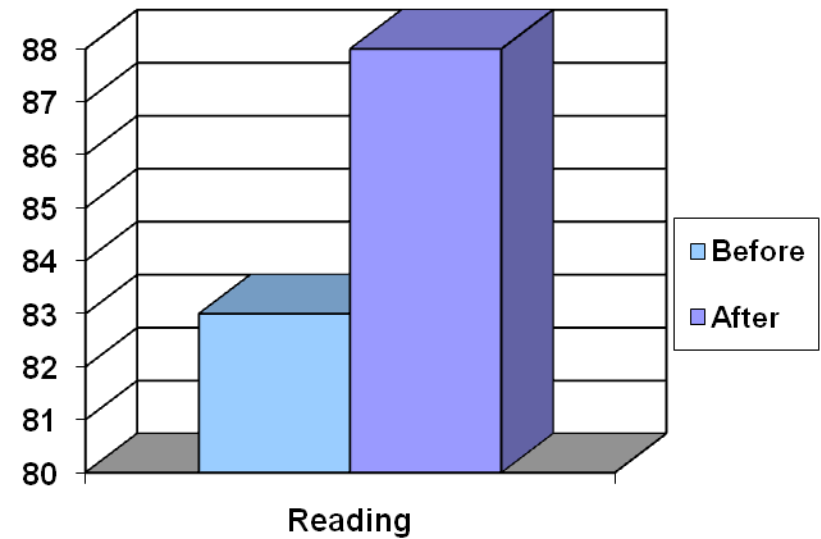
Bliss' Grades



Grades measured

Mrs. Happy

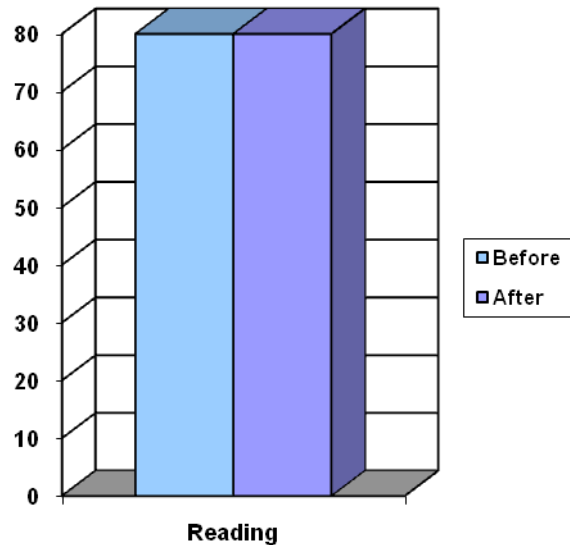
Faith's Grades



Mrs. Gilmore

4th Grade (by student)

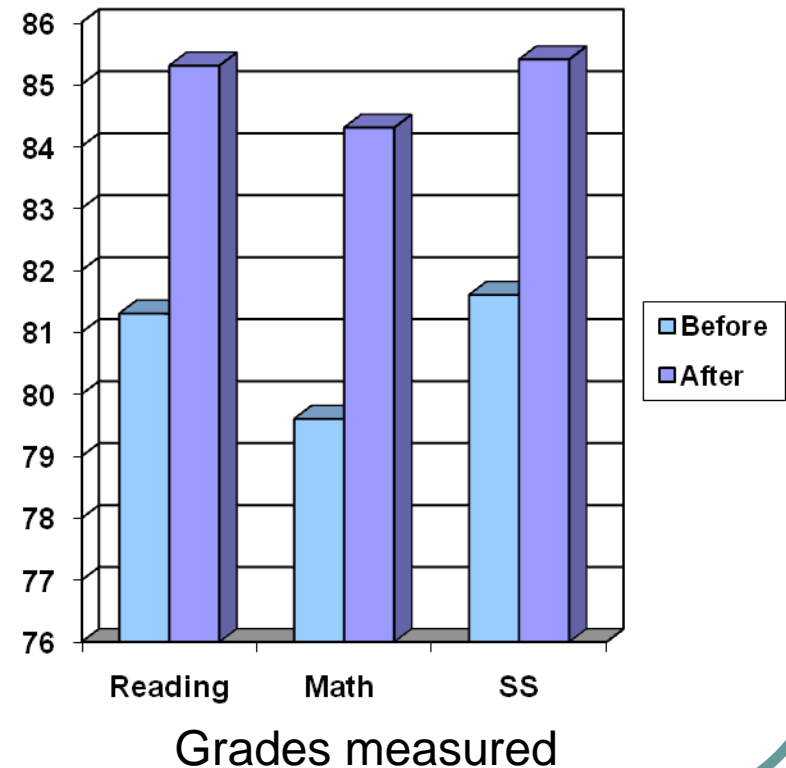
Walt's Behavior



Although his grades have not changed his reading behavior changed. He moved from being a reluctant reader to a reading machine according to teacher.

Mrs. Poetic

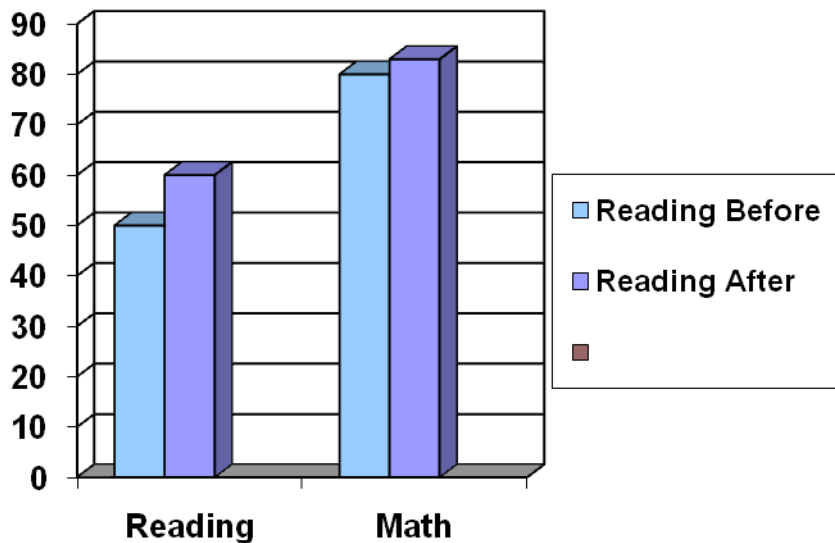
Whitman's Grades



Mrs. Leaves

5th Grade (by student)

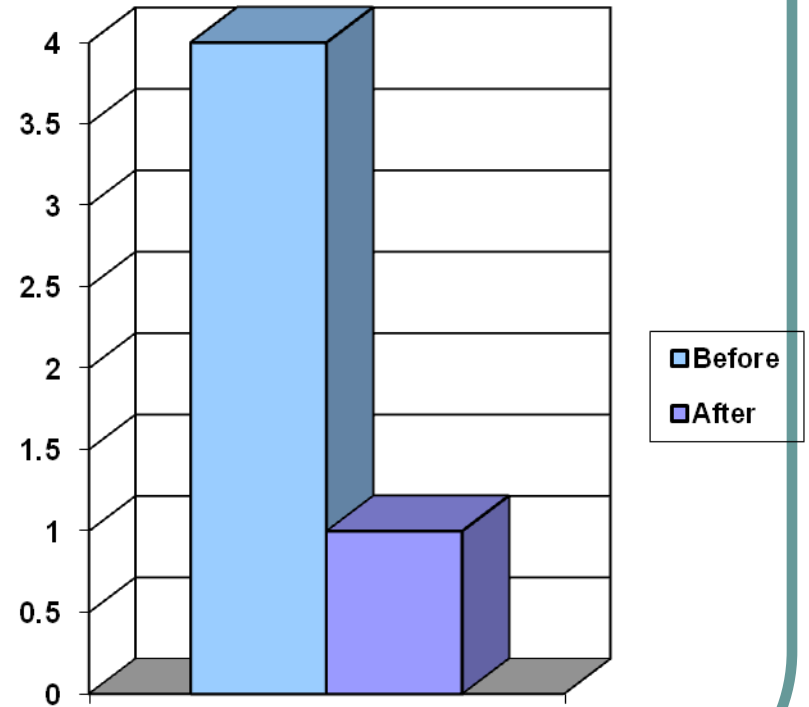
Denver's Grades



Grades Measured

Mr. Mountain

Falcon's Behavior



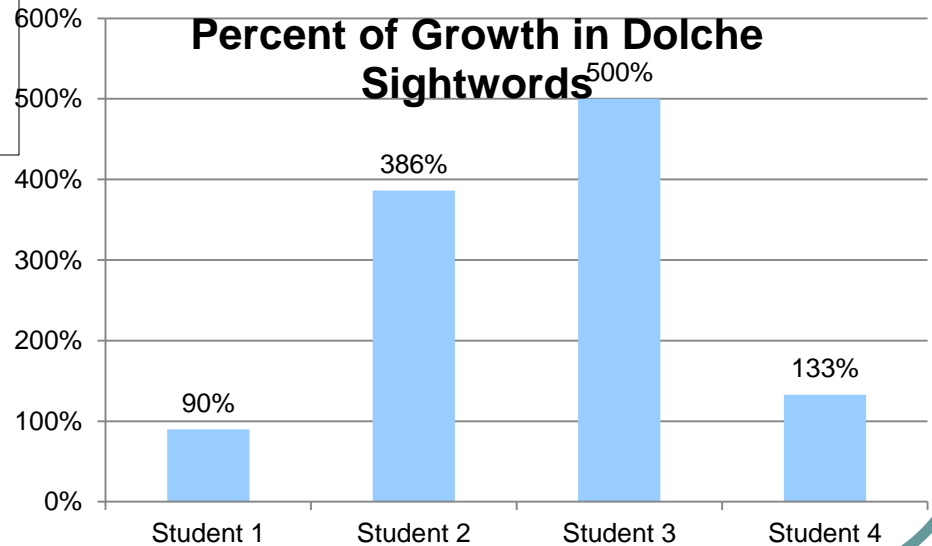
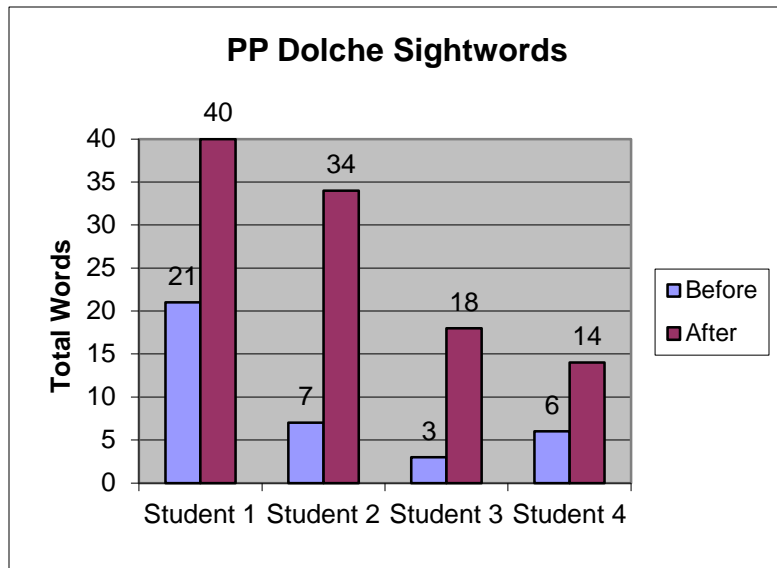
Social Behaviors
Inappropriate Behaviors Measured

Mr. Peak

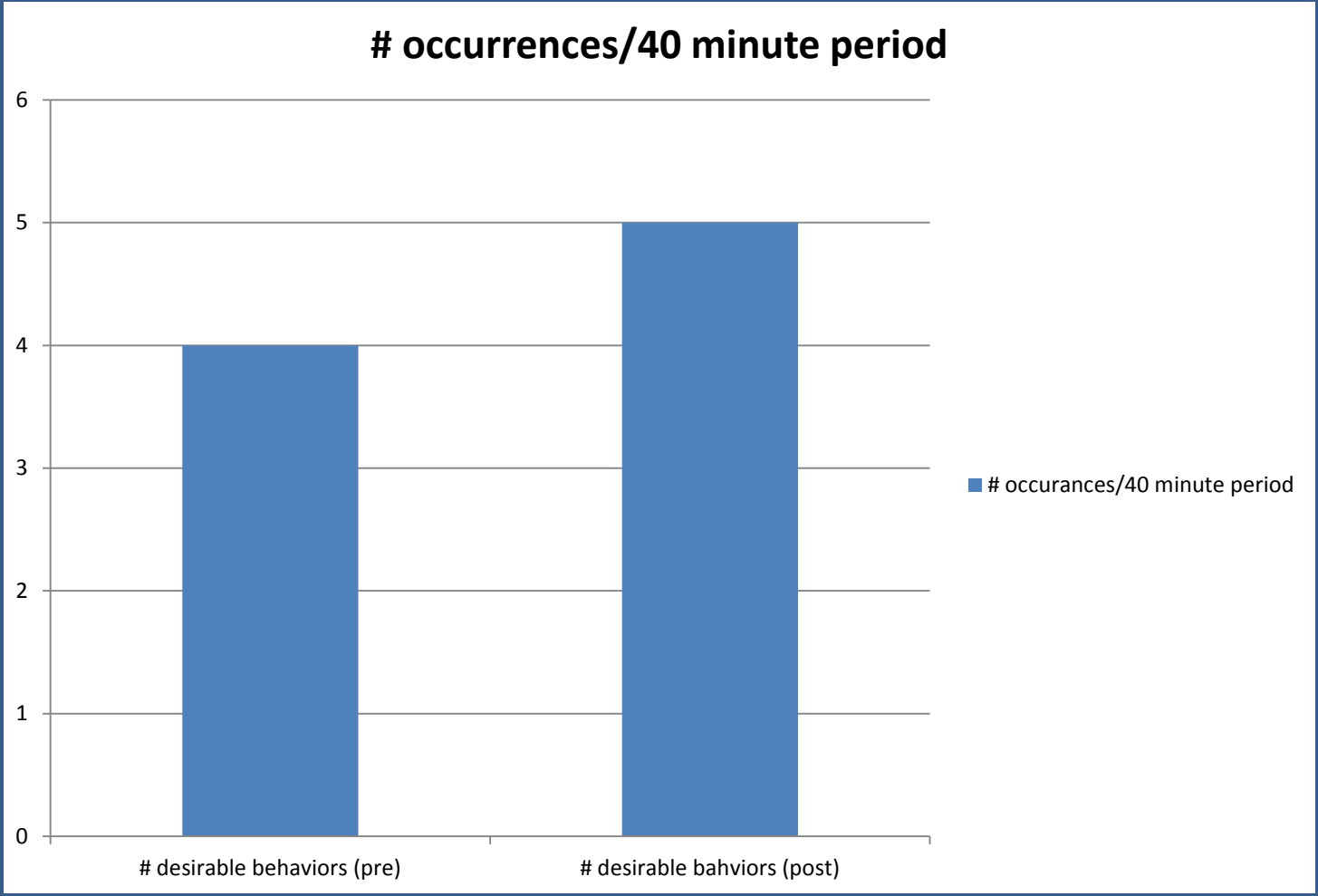
Findings

- Although the data was varied (grades, behaviors increasing, or behaviors decreasing) **all** students reported positive results after implementation of the 4 P's.
- We would expect that as behaviors improved that grades would show improvement as well.

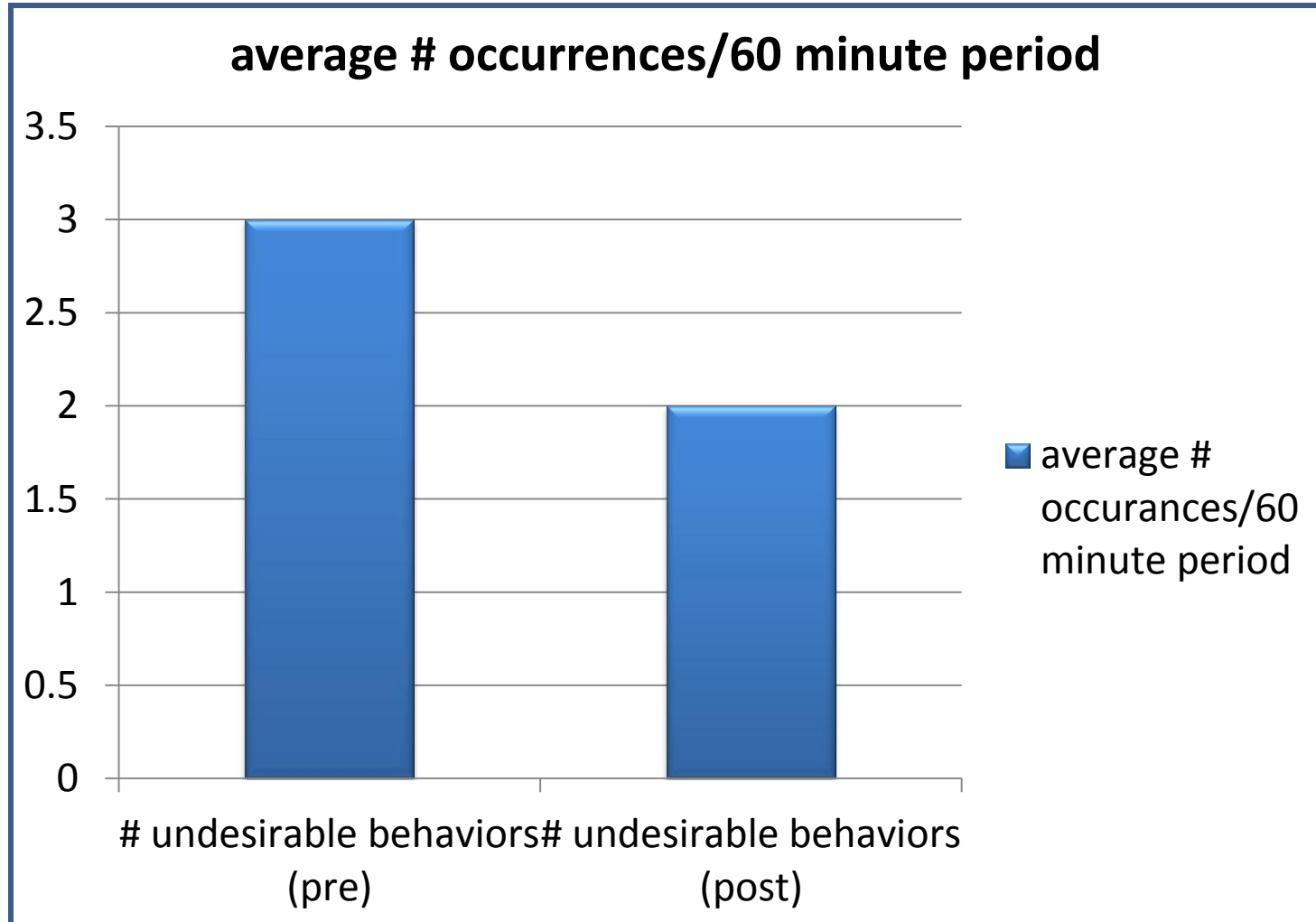
Incidental gains with SPED class



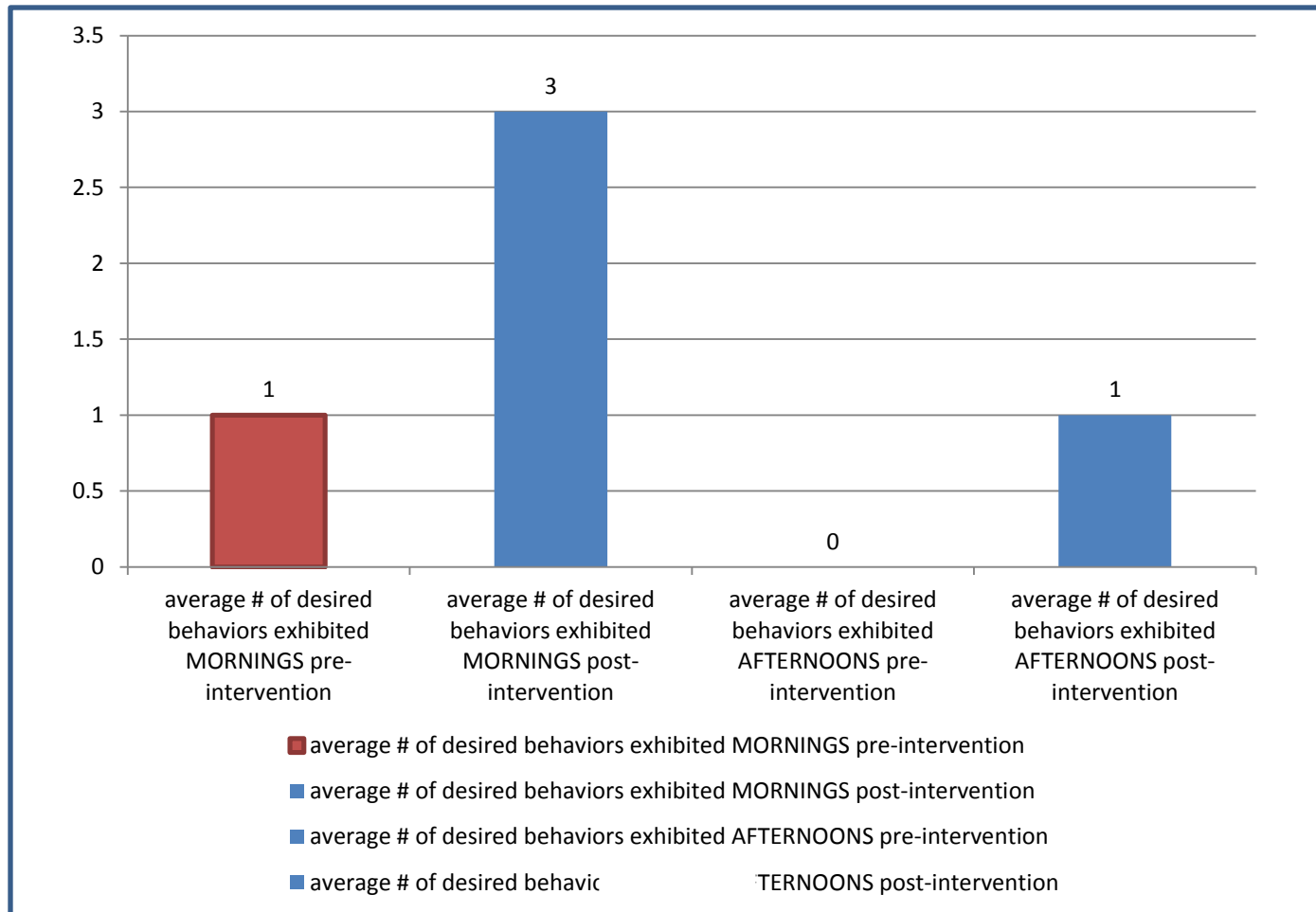
Number of desired behaviors pre and post intervention



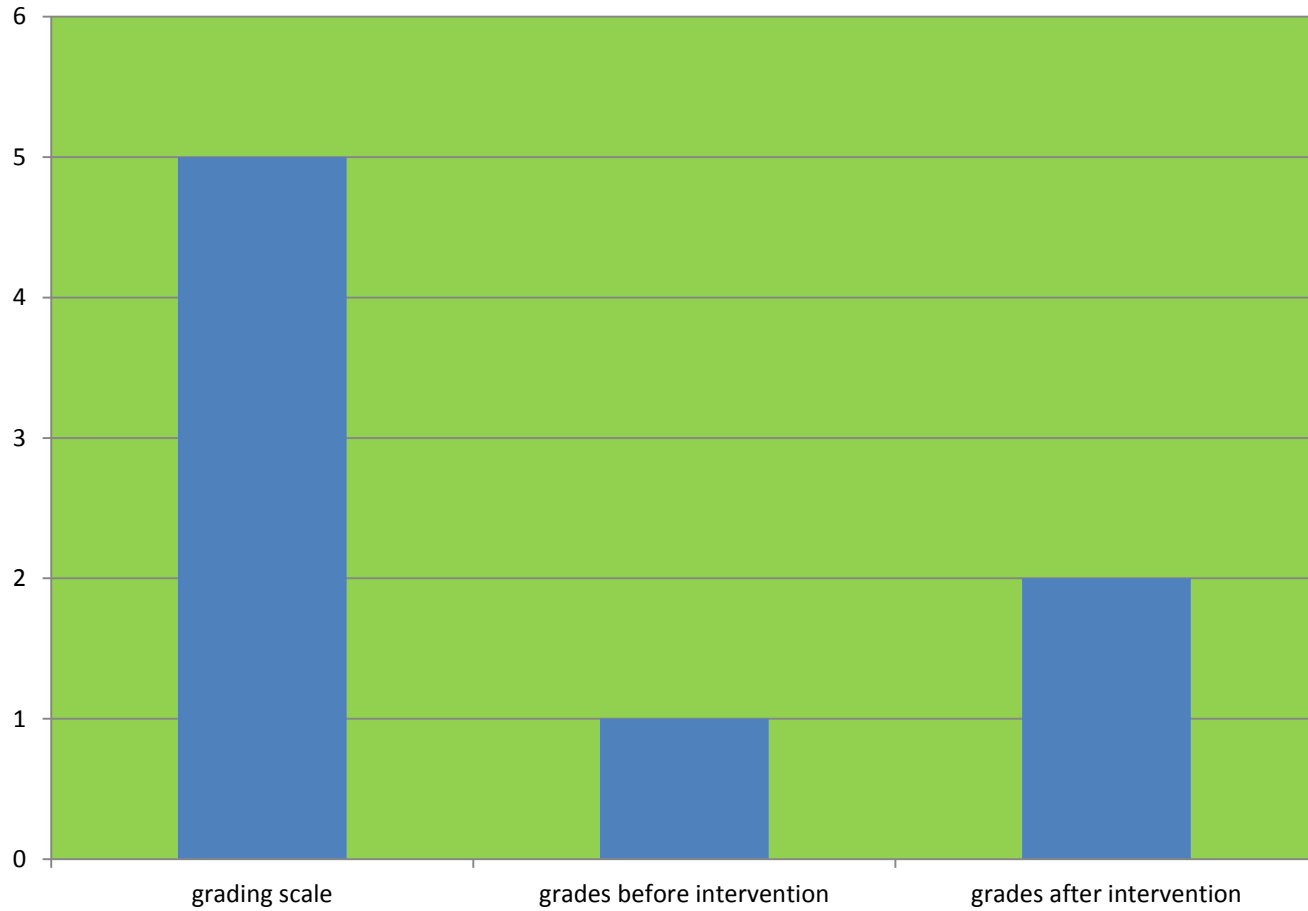
Student's Average # of Undesirable Behaviors, pre & post Intervention



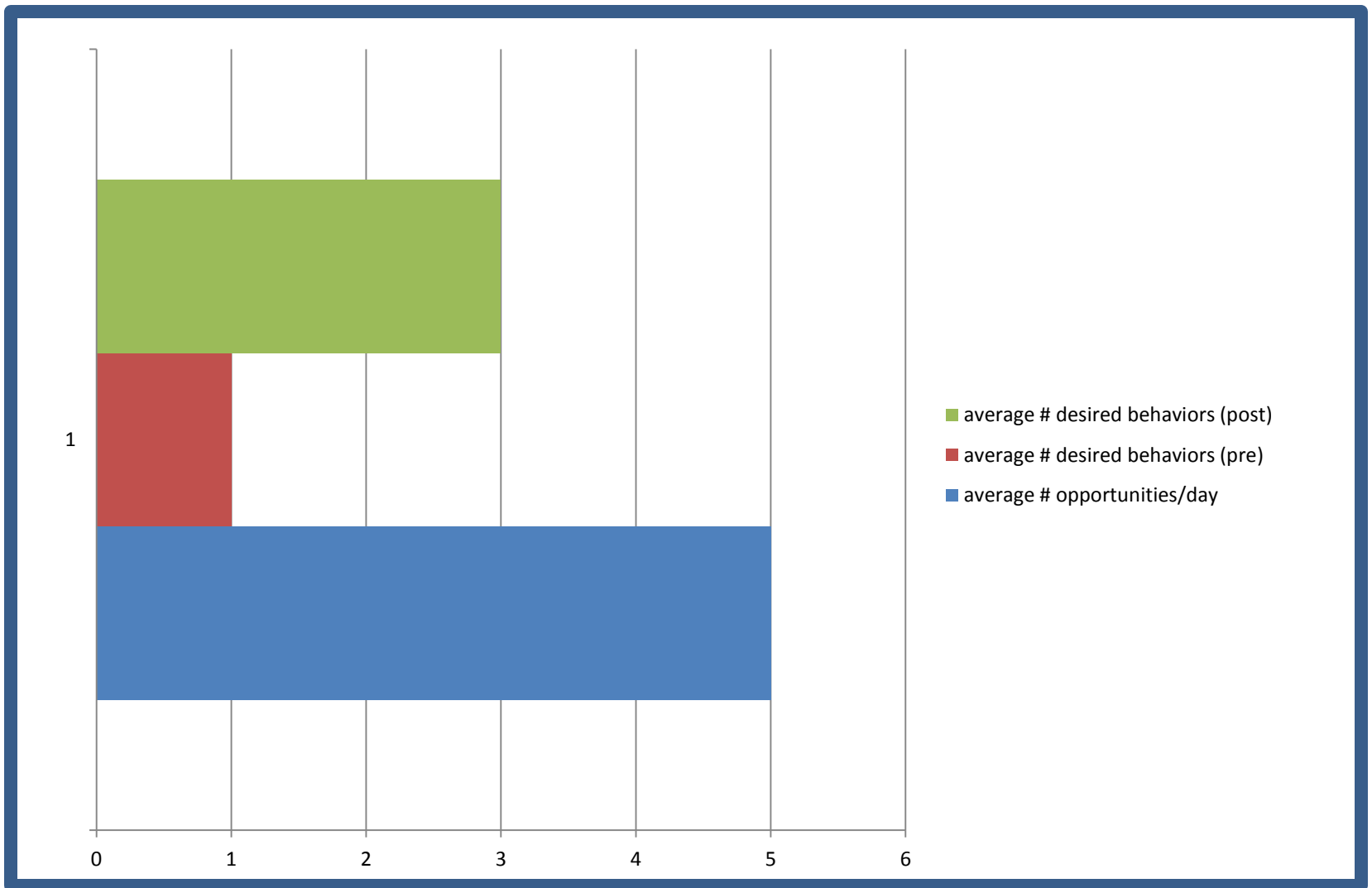
Student's # of Desired Behaviors, pre & post intervention



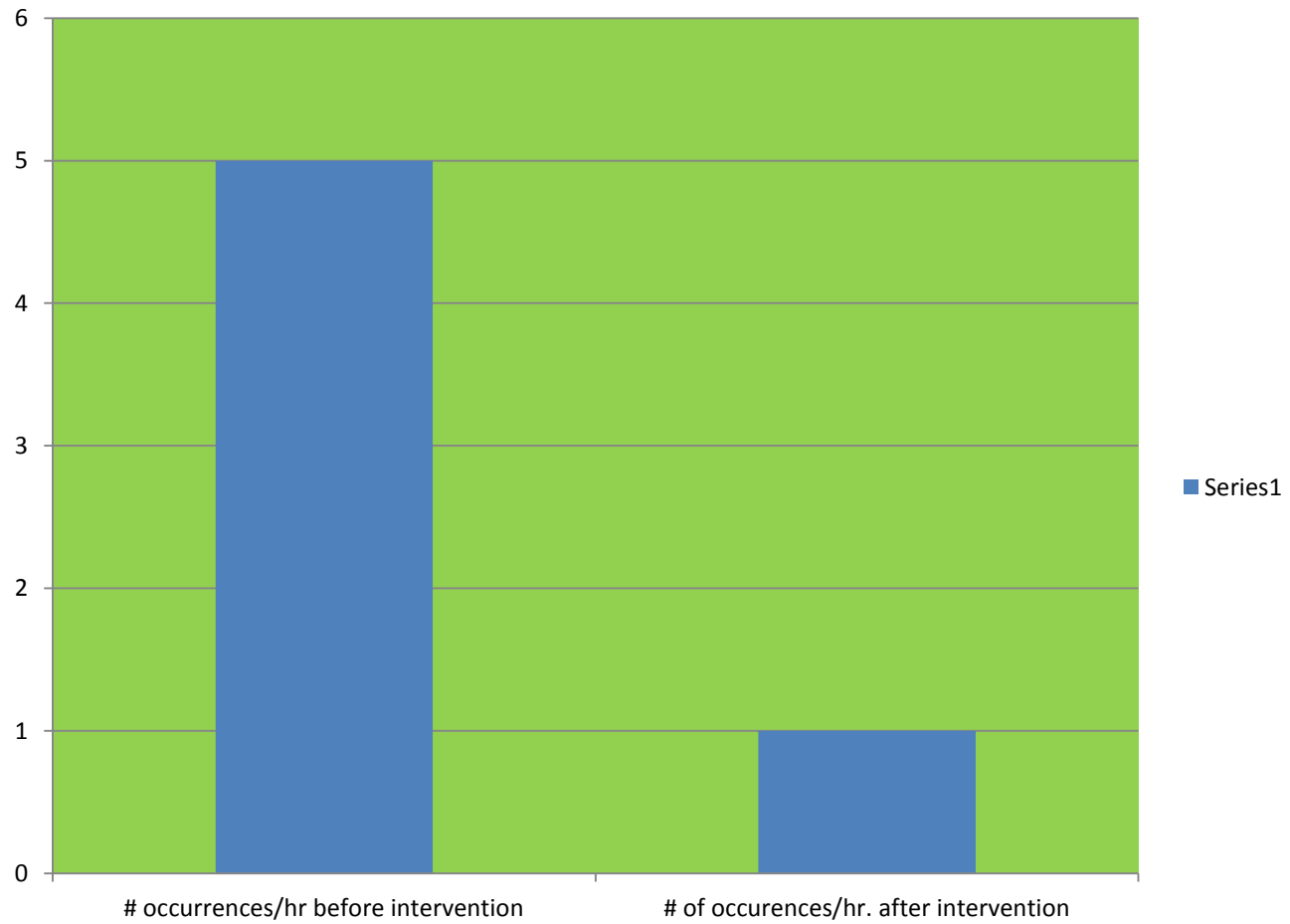
Student's Social Studies Grades, pre & post intervention



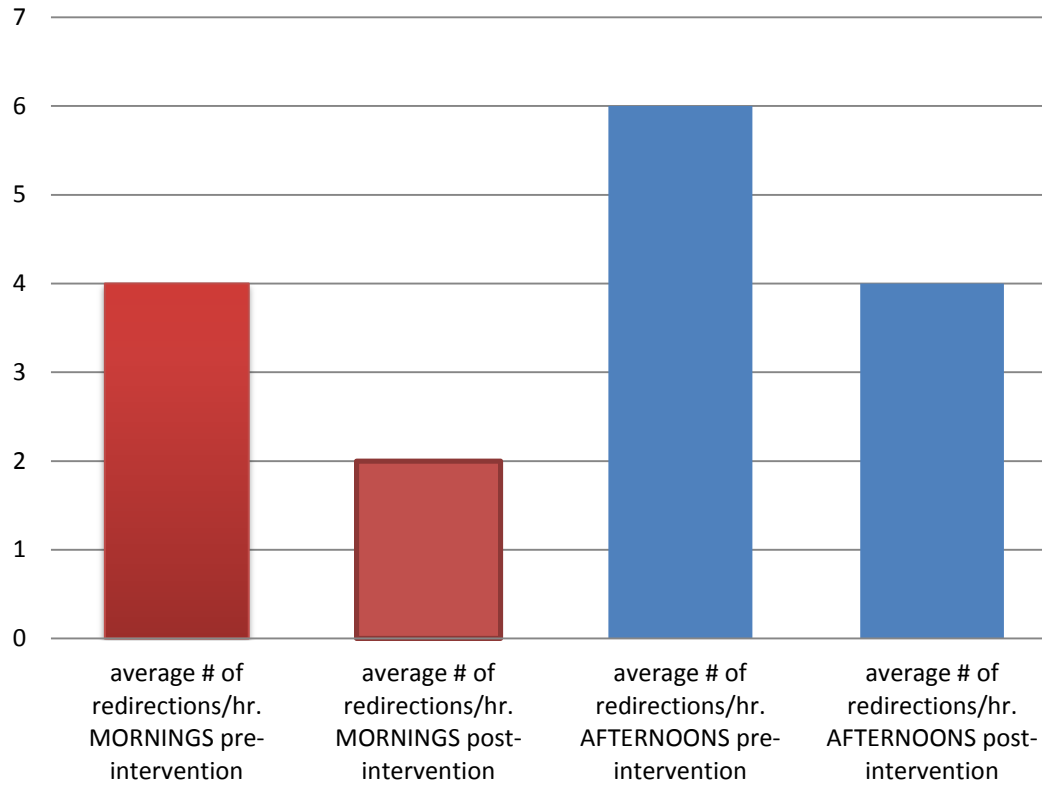
Student's Participation, pre & post intervention



Student's Number of Undesirable Behaviors, pre & post intervention

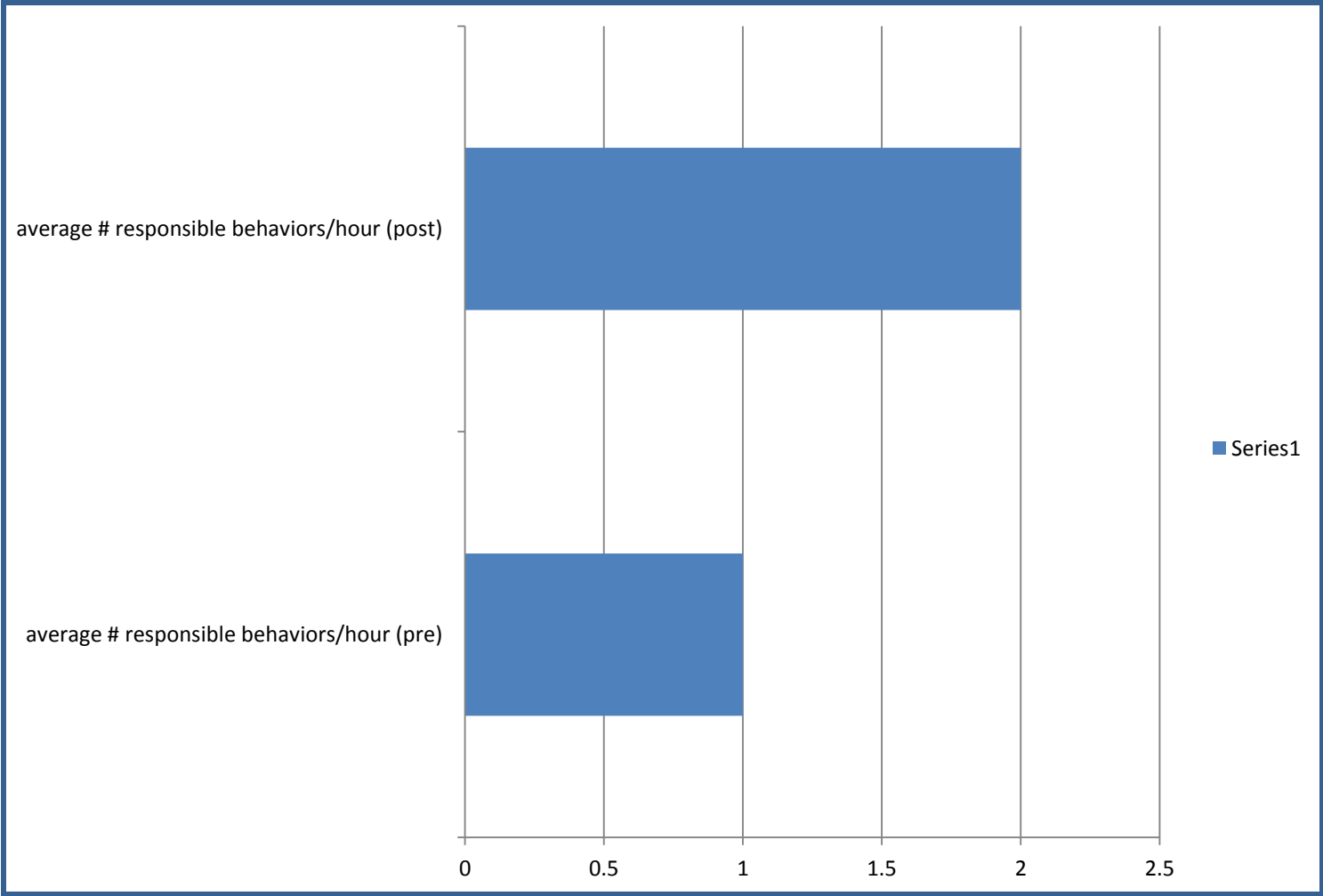


Student's Redirections, pre & post Intervention



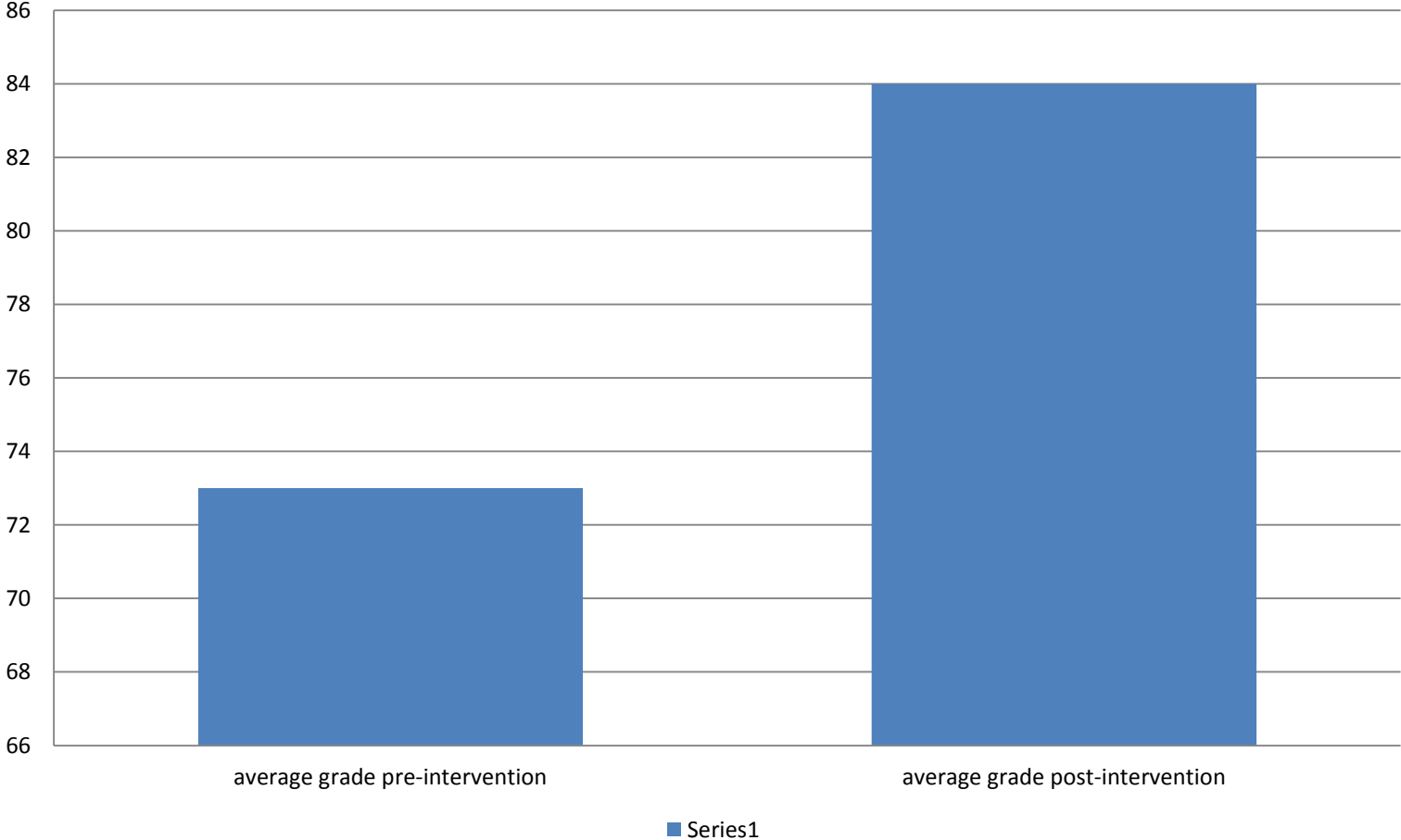
- average # of redirections/hr. MORNINGS pre-intervention
- average # of redirections/hr. MORNINGS post-intervention
- average # of redirections/hr. AFTERNOONS pre-intervention
- average # of redirections/hr. AFTERNOONS post-intervention

Student's average # of responsible behaviors/hour, pre & post intervention

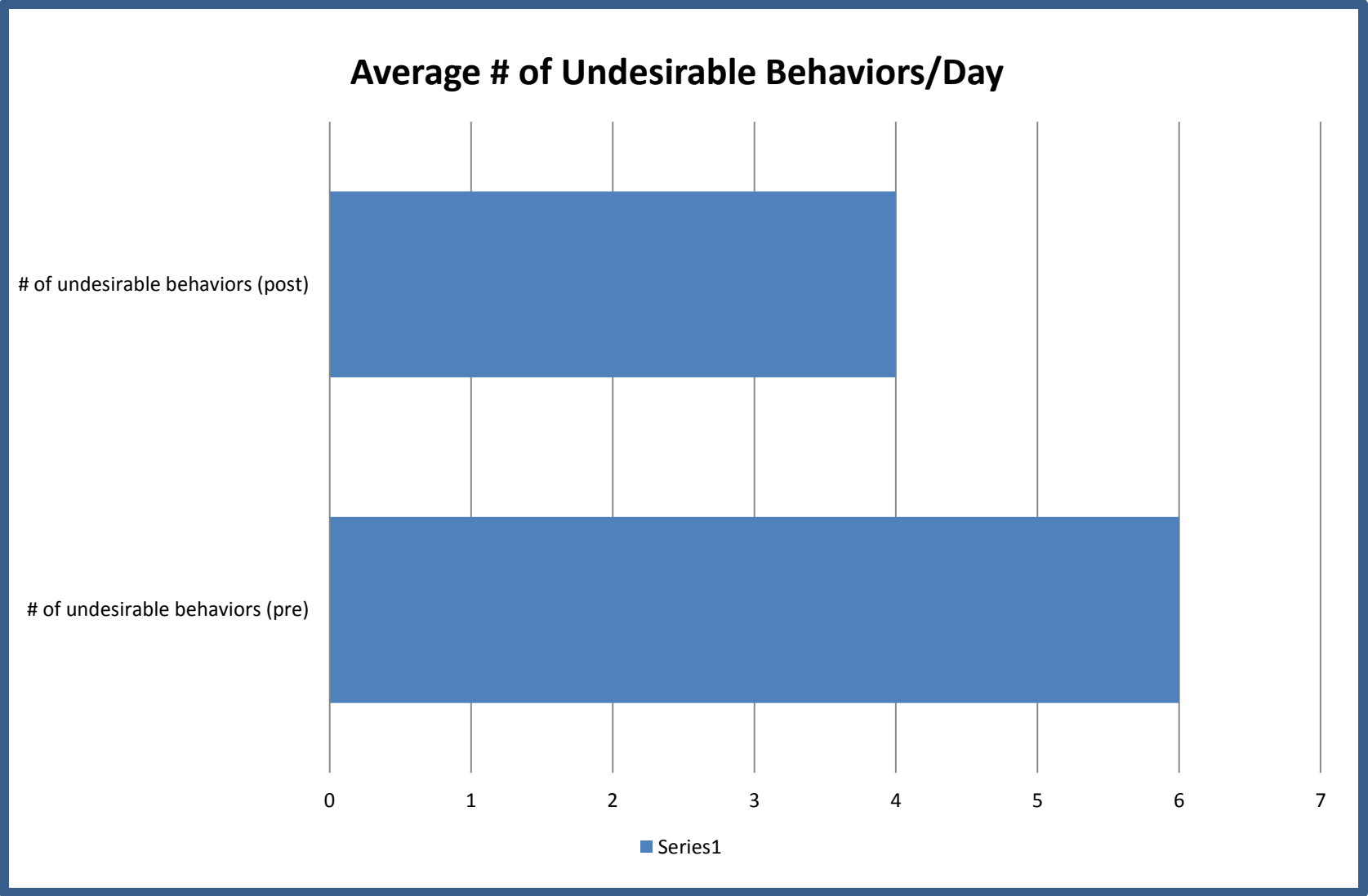


Student's Language Arts Grades, pre & post intervention

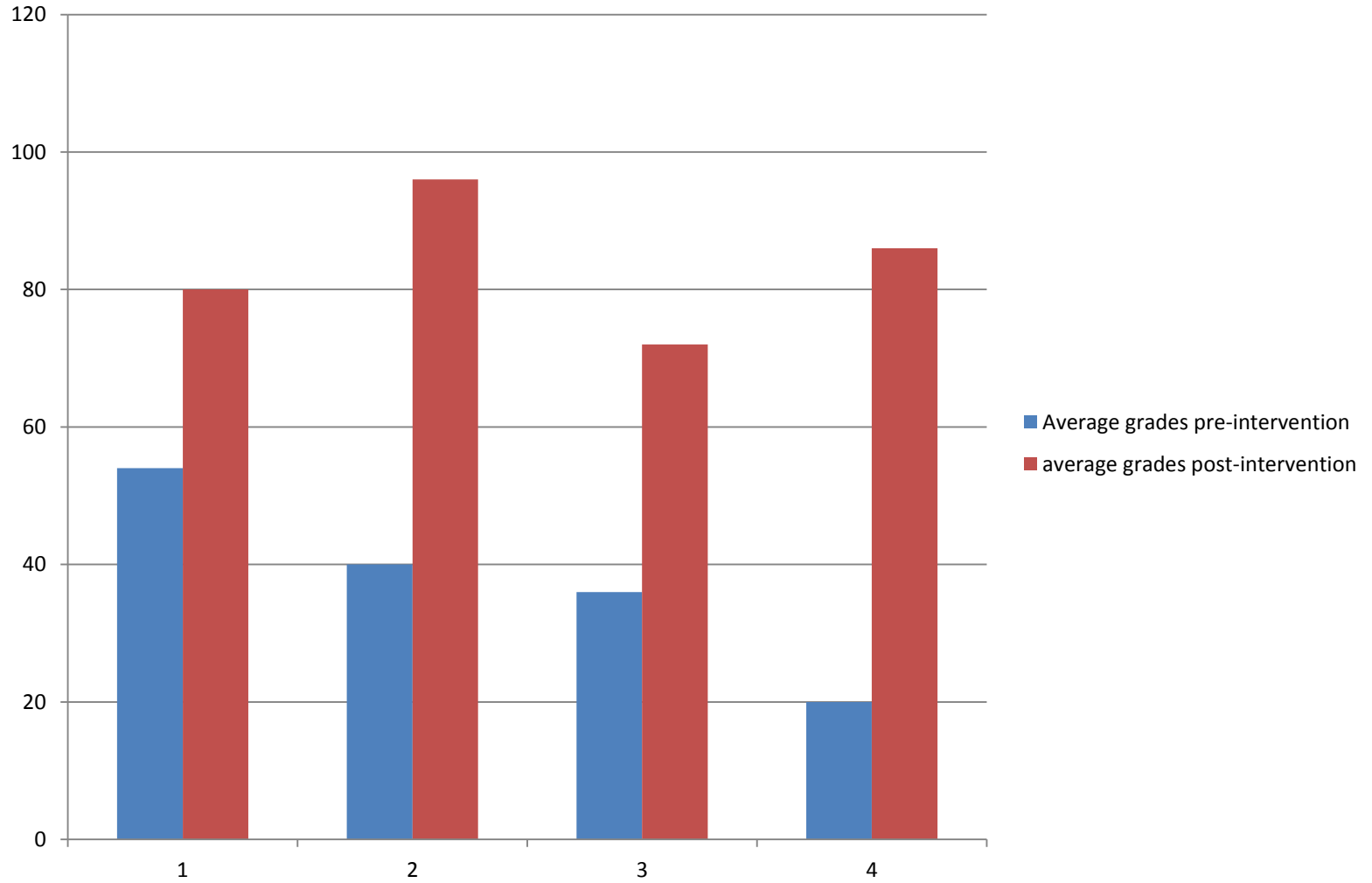
Average Grades Pre and Post Intervention



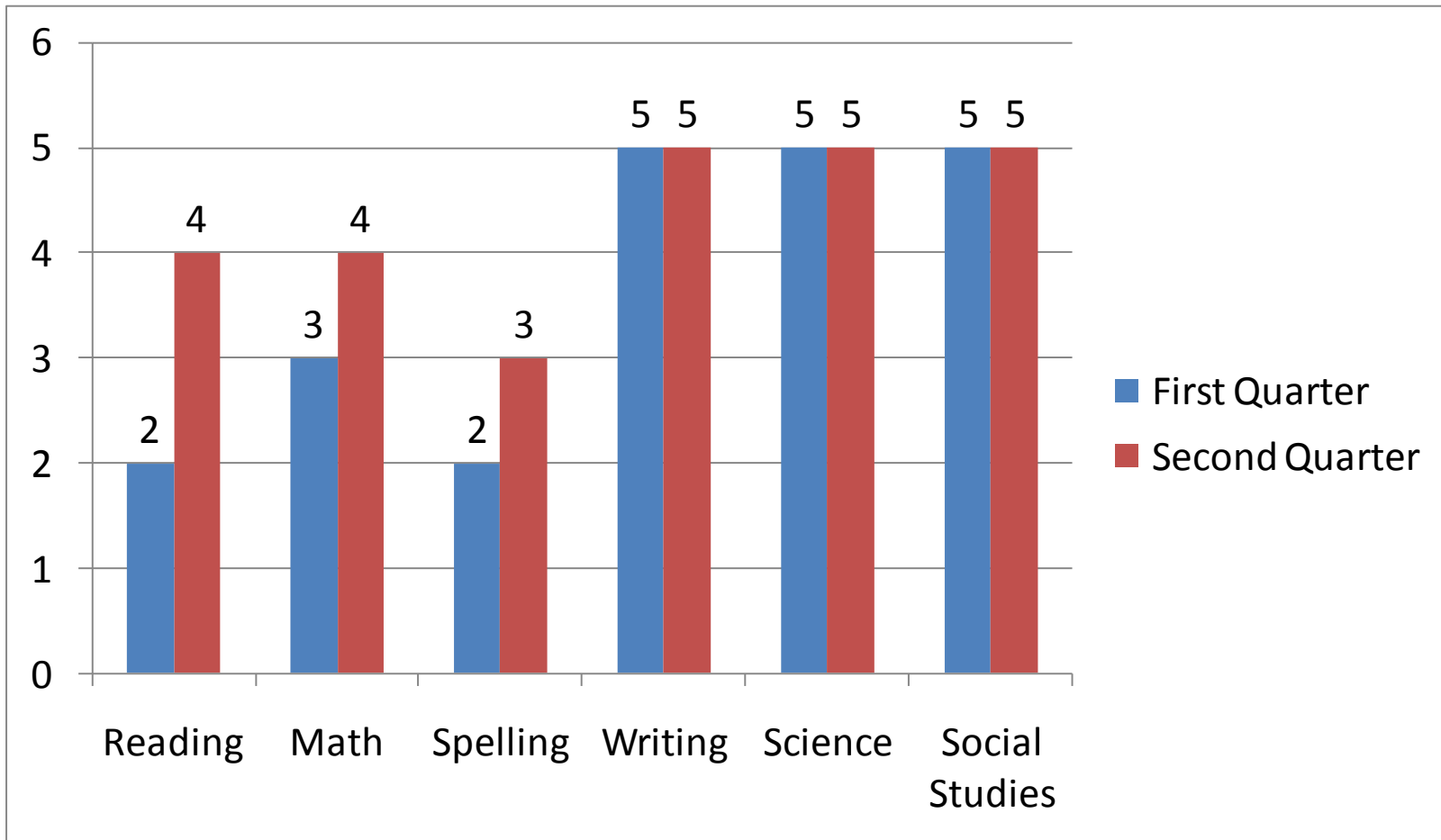
Student's Average # of Undesirable Behaviors/Day, pre & post intervention



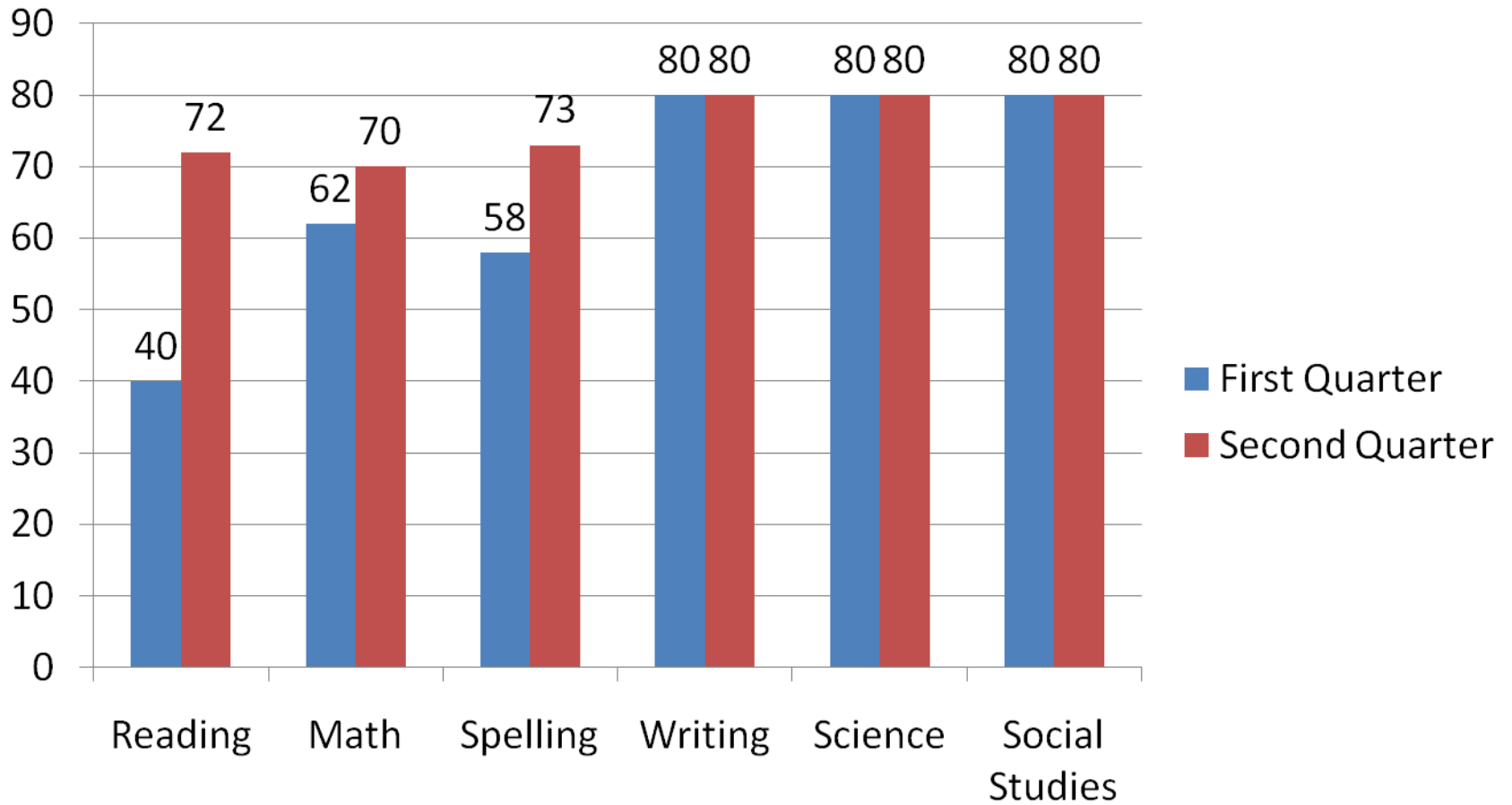
Student's Average Grades, pre & post intervention



Results- 5=A, 4=B, 3=C, 2=D, 1=F



Results



Results

